It’s always fun to plan an adventure with your crew. And since Rockland County, NY is just 30 miles north of NYC—it’s super easy to make it happen! Whether it’s finding your Zen in Nyack or hiking through a “ghost” town, we’ve got some suggestions your BFFs will love.
FOR RUGGED ADVENTURE

DAY 1: GOLFING, STEAKS & CIGARS

TAPPAN GOLF CENTER, TAPPAN
Get into the swing of things! Named one of the “Top Driving Ranges in America” by Golf Range Times, Tappan Golf Center features two levels with 100 heated, all-weather practice booths. Make a day of it with onsite miniature golf, go karts, batting practice and gastropub.
https://www.clostergolfcenter.com

DETOUR:
GRAPE D’VINE WINE & SPIRITS, SPARKILL
You can’t stump the certified sommeliers on staff at this shop with an unlikely food pairing; they’ll always have the right wine or spirit to recommend from their extensive collection. Check in on a Saturday for a regularly-scheduled tasting, or call ahead to schedule a private session.
https://www.grapedvine.com/

SPARKILL STEAKHOUSE, SPARKILL
Get ready for prime time. Make your way to this classic steakhouse and settle in with a Jumbo Shrimp Cocktail, Old School Prosciutto & Mozzarella, and a perfectly cooked Prime Porterhouse Steak.
http://sparkillsteakhouse.com

DETOUR:
THE TIME HOTEL, NYACK
Recharge for the night at the nearby Time Hotel, an old factory warehouse transformed into an upscale, boutique hotel with loft-style accommodations.

DAY 2: HIKES & HOPS

SHAKE OUT THE COBWEBS FROM THE NIGHT BEFORE WITH AN INVIGORATING HIKE OR TWO!

DOODLETOWN HIKE, STONY POINT
Derived from the Dutch “Dood Tal” which means “Dead Valley,” Doodletown is part of Bear Mountain-Harriman State Park. This five-mile, approximately three-hour hike follows pleasant woods roads through the hamlet that was abandoned in 1965. Small historic markers identify various sites where buildings formerly stood in this ghost town along the way.
https://www.nynjtc.org/hike/doodletown-loop-bear-mountain#dialog-hike-description

DETOUR:
OPA BREAKFAST & SANDWICH SHOP, NEW CITY
Yogurt, gyros, spinach pie…it’s Greek, and it’s good. Plus waffles and omelet sandwiches for quick hiking fuel.
https://www.facebook.com/pages/Opa-Breakfast-Sandwich-Shop/120343431313038

KENNEDY DELLS COUNTY PARK LOOP, NEW CITY
Plan on spending at least 1.5 hours on this two-mile hike. You won’t have to go far to see the cool Crum Creek waters spilling over the stone dam.
https://www.nynjtc.org/hike/kennedy-dells-county-park-loop-hike

INDUSTRIAL ARTS BREWING, GARNERVILLE
Head on over to this sprawling pre-Civil War industrial complex for a well-earned sampling of some seriously impressive brews. Cheers to good times with the guys!
http://www.industrialartsbrewing.com/on-tap-now-garnerville
FOR CASUAL RELAXATION

DAY 1: WIND UP & WIND DOWN

SOUL FLYTE, NYACK
Put your heart and soul into it! Grab your besties and get ready to fly with this amazing array of AntiGravity, aerial yoga and fitness classes.
https://www.soulflyte.com

DETOUR:
SHOP NYACK
It’s time for a little retail therapy! Peruse Nyack’s eclectic mix of gifts, art, antiques, home furnishings, jewelry, clothing, accessories and more.
http://visitnyack.org/shopping

BEAR MOUNTAIN SPA, TOMKINS COVE
Continue renewing mind, body and soul at the beautiful Bear Mountain Spa with a customized treatment, massage or facial.
https://bearmountainspa.com

BEAR MOUNTAIN INN STONE COTTAGES, BEAR MOUNTAIN
Keep the Bear Mountain mantra going! Stay the night in one of the gorgeous property’s traditional stone cottages. Each offers six private guest rooms with private baths, a cozy front porch and common living area with wood-burning fireplace, microwave, mini-fridge and dry bar.
https://visitbearmountain.com/accommodations/cottages

DAY 2: ART & WINE

DETOUR:
STONY POINT PANCAKE FACTORY, STONY POINT
Fresh Baked Blueberry, Banana Oreo or Multigrain...So many divine ways to start the day with a delectable stack of pancakes!
https://stonypointpancakefactory.com

GARNER ARTS CENTER, GARNERVILLE
Art exhibitions aplenty! Get your creative juices flowing at this interdisciplinary arts center housed in a repurposed textile mill complex.
http://garnerartscenter.org

TORNE VALLEY VINEYARD, HILLBURN
What’s a weekend without a little wine tasting? Finally, make your way over to this gorgeous historic 1875 mansion and well-groomed grounds for a splash of something unforgettable.
https://www.tornevalleyvineyards.com